Appendix A: Summary of Impacts and Tools for Response

Impacts of COVID-19		Tools for Response	
Impact on Financial Insecurity:		al Financial Support:	
 Many individuals experier from their jobs or reduced workplaces closed The COVID-19 economic sheavily impacted low-incoprecarious workers, women and persons with disabiliting lindividuals and families exincreased expenses to stoor COVID-19 related supples anitizer, cleaning supplies Families may have had to technology for their childreducation from home 	chours as many chutdown come and en, newcomers, cies experienced cock up on food lies (PPE, hand es) purchase	(CERB) provided \$2,000 per month for individuals that lost their jobs or were laid-off Canada Emergency Wage Subsidy (CEWS) helped businesses keep their workers if they experienced a decline in revenue Families with children received an additional \$300 on their May Canada Child Benefit payment	
	Provi	ncial Financial Support:	
	>	Support for Learners benefit provided \$200 for each child toward educational expenses (\$250 for children with disabilities) Additional \$200 available per child in December 2020; Benefit included children aged 13-17 in January 2021 OW and ODSP recipients were eligible for the COVID-19 Emergency Benefit of \$100 for individuals or \$200 for families	
		Financial Support:	
	> >		
Impact on Food Insecurity:		Security Support:	
An increase in food insect observed in Canada due to	-	The WE COVID Care Coalition and Green Shield launched the <i>Windsor Essex Food</i>	

- (14.7% reported in May 2020 vs. 10.5% in a 2017-2018 survey)
- Families with children and families facing work disruptions more likely to be food insecure
- Higher rate of food insecurity among minority populations, including Black and Indigenous Canadians
- School closures impacted food security programs for children
- Observed decline in food bank donations and volunteers
- Closure of Transit services impacted ability to get to the grocery store or a food bank in the City of Windsor

- Helpline (now transitioned to 211) which provided information on local food hubs that were hosting a drive-thru or walk-through to pick up food and/or grocery gift cards
 - Translation services were made available
 - Could request delivery of food
- The Windsor Essex Food Bank Association held four drive-thru food hubs across Windsor-Essex
- Summer Eats for Kids program provided drive-thru food hubs for families with children
- Families-to-Families initiative provided \$100 grocery cards to families on OW/low-income families in Windsor-Essex
- June 27th Miracle collected 2 million pounds of food donations in Windsor-Essex
- Several food banks and food drives were held by local community organizations

Impact on Physical & Mental Health:

- The physical distancing response to COVID-19 has increased feelings of isolation and has negatively impacted the mental health of many Canadians; Several vulnerable groups face increased risks
- Seniors are a high-risk group that may be heavily impacted by isolation and face concerns of remaining socially connected
- > Youth (15-24) reported worsened mental health compared to other age groups.
- Children may be facing issues with isolation and declines in mental health due to a lack of socialization in school or with friends and extended family
- ➤ LGBTQ2S+ report decreased mental health and may struggle with isolating in an unsupportive environment
- Persons with disabilities may face other impacts and loss of in-person support programs; Parents of children with disabilities reported additional concerns

Community and Health Supports:

- Accessible and remote counselling services were provided to Windsor-Essex during the COVID-19 pandemic
- ➤ The Windsor-Essex Counselling Support Line (WECSL) provided free 24/7 access to professional counsellors
- The CMHA increased mental health services with a Pandemic Response therapist and opened the Mental Health and Addictions Urgent Care Centre, in partnership with HDGH
- The Essex County Nurse Practitioner-Led Clinic (ECNPLC) launched the WE Health Project to maintain essential services for those in need
- Support for seniors was available through the Windsor-Essex Seniors Call Assurance Program (WESCAP) and the Cyber Seniors program was available to assist with technology; The WPL will also be assisting seniors with loaning out technology and providing assistance

- Isolation and closure of school has placed additional stress in the home for many families; Women report higher levels of stress
- Many families and children struggled with online learning
- Victims of domestic violence (GBV, child abuse) may be stuck at home in an unsafe situation and increased family stress may contribute to domestic violence issues; Both CAS and Hiatus House reported a drop in calls during the pandemic
- People living in homelessness are not able to practice measures necessary to reduce the spread of COVID-19 and are at increased risk
- Isolation poses increased risks for people struggling with substance use and addiction; An increase in opioid overdoses have been reported in Windsor-Essex; People may increase alcohol or drug use to cope

- Caremongering groups helped out seniors, and persons with disabilities or other health concerns, by getting groceries, prescriptions, or running errands
- The W.E. Trans LGBTQ Community Health and Wellness Centre increased their access to services by phone and curbside pickup
- Hiatus House remained open to women and families experiencing domestic violence
- The City of Windsor provided Isolation and Recovery Centres for people experiencing homelessness to selfisolate; Shelters remained open and increased safety measures to reduce risk of COVID-19
- The Homelessness & Housing Help Hub (Windsor Water World) day program provided a safe space for people experiencing homelessness to go during the day
- The WECHU launched a campaign to address problem drinking; the CMHA and HDGH also increased awareness that addictions services remained available
- Virtual addictions services were available with the House of Sophrosyne and the STAGES group support program moved to virtual meetings

Impact on Diverse Populations:

- Research has shown that COVID-19 has disproportionately impacted communities with ethno-culturally diverse populations
- Visible minority Canadians have reported increased racial discrimination and an increase in personal safety concerns within their communities
- Anti-Asian racism has been an issue during the pandemic
- Indigenous Canadians have reported worse mental health and higher concerns of family stress compared to non-Indigenous Canadians

Support for Diverse Populations:

- The national advocacy campaign #HealthNotHate was launched in Canada to address the anti-Asian racism experienced by Asian Canadians during the pandemic
- The WECSL was available in both English and French and translation services were also available to support people that speak other languages
- W5 started a Newcomer Mental Wellness Support hotline, with services available in Arabic and Mandarin
- SOAHAC remained open to provide health services and COVID-19 testing for

- Newcomers are facing increased isolation and decreased mental health compared to Canadian-born and established immigrants; There may be cultural stigmas associated with seeking help
- International students remain vulnerable during the pandemic as campuses shut down and they may be exempt from financial benefits
- GARs face increased isolation and may experience a decline in mental health
- Migrant workers have been a vulnerable population in Canada as they live in work in conditions that make them more vulnerable to risk

- the Indigenous population in Windsor-Essex
- Virtual programs to support newcomers to Windsor-Essex were made available with several organizations, including WEST, MCC, NCCE, W5, SECC, and the YMCA
- ➤ The government removed restrictions on work hours for international students
- The WECHU, Erie Shores Health Care, Red Cross, County of Essex and City of Windsor worked to get migrant workers tested and provide proper accommodations for isolation; Grassroots organizations reached out to provide migrant workers with adequate food, self-care products, and PPE; the organization Conquer COVID-19 donated 120,000 pieces of PPE to local migrant workers

Impact of COVID-19 on Access to Technology and Information:

- Lower income and marginalized families may not have access to technology or internet in their homes, contributing to a growing "digital divide"
- Lack of access impacts education and academic success for low-income children and youth that may not have the opportunity to participate in online learning, or may have to share devices among others in the home
- Vulnerable populations may not be able to access virtual health or addictions services if they don't have internet or phone, or a safe space to connect to services remotely
- GARs may not have access to technology to be able to communicate with settlement providers
- Language barriers may pose challenges for immigrants and newcomers whose first language is not English or French; COVID-19 information, precautions, and restrictions need to be available in multiple languages

Providing Access during COVID-19:

- The P2P community partner Computers for Kids continued to provide laptops to families in need during the pandemic
- Local schoolboards in Windsor-Essex worked to provide laptops and tablets to students in need so that children were able to access online learning from home
 - The WECDSB provided approximately 1,700 devices and the GECDSB provided approximately 1,600 devices to students
- The WPL began to reopen some branches for public computer use in late July, with physical distancing measures in place
- The cities of London and Toronto were able to partner with wireless providers and provide internet access to lowincome families; A similar program for Windsor-Essex would benefit low-income communities
- The South Essex Community Council (SECC) is providing refurbished laptops to newcomer families in need

- Settlement workers assisting GARs have noted difficulty providing current COVID-19 information in a timely manner to their clients
- People without access to appropriate information face increased risks of contracting COVID-19 and are more likely to receive fines for breaking by-laws
- The Community Refugee Fund and Diocese of London Refugee Ministries and YMCA of Southwestern Ontario also purchased refurbished laptops for refugee claimants
- WEST is providing the RentSmart course virtually to their clients
- ➤ The WECHU has provided COVID-19 information in multiple languages and access to the *BrowseAloud* translation feature on their website
- ➤ The Government of Canada provided multilingual COVID-19 resources on their website (e.g., how to properly wear a mask, apply for financial support)