

CLEAR OUT YOUR MEDICINE CABINET

Return your unused and expired medications to the pharmacy. It is free, easy, and can save lives and reduce harm.

Easy access may lead to improper use. Here are some simple things you can do:

- Lock medications in a secure location.
- Use medications only as prescribed.
- Do not share your medications.
- Have a conversation with your kids about the risks of using prescriptions improperly.

1 in 10 Ontario high school students have used prescription medication recreationally. The home is the most common source of opioids used non-medically.



How to Return: Collect all dry medications such as pills into a bag or container, but keep liquids in their original packaging.



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