## **MEET THE PRESENTERS:**





## **Monique Bergeron**

Monique Bergeron is a community partner who is passionate about supporting the vulnerable population. She has assisted students in elementary school, high school and at the college levels. She has also emersed herself in assisting people who are experiencing homelessness, struggling with mental health issues and the elderly.

Her education consists of two associate degrees and a Bachelor of Human Services with an Honors in Policing. Currently she is in her 21st year as a Constable with the W.P.S. She is also employed part time as a Professor with St Clair College and a Master trainer with the Mental Health Commission of Canada.

She enjoys volunteering with Boots on the Ground and is a current board member with the Leone Residence and Mental Health Connections. She was the recipient of a Champion of Excellence Award from the Greater Essex County District School Board (GECDSB) and is currently a nominee for the 2024 Champion of Mental Health Award from the Canadian Institute for Public Safety Research Treatment (CIPSRT). Her hobbies include baseball, golf and taking her four-legged daughter for a bike ride in her basket.

## Dr. Susan Hopkins

Dr. Susan Hopkins (EdD), Executive Director, The MEHRIT Centre. In the past two-plus decades Susan has worked in numerous educational contexts and roles: early years, K-12 and post-secondary, teacher, vice-principal, curriculum developer, and inclusion coordinator. Under her leadership, Dr. Stuart Shanker's organization, The MEHRIT Centre, has evolved into a highly respected, accessible, and successful center for Shanker Self-Reg® learning, serving thousands of learners from Canada and around the world. Susan works with partners in various countries to support and amplify locally-led Self-Reg initiatives. Susan is the co-author of the Self-Reg Schools Handbook for Educators with Dr. Stuart Shanker (Pearson, 2019) and developed the online resources for the Principal's edition.

## **Lori Kempe**

Lori Kempe is the Executive Director of Children First in Essex County and Executive Lead, Lead Agency for Child and Youth Mental Health at Hôtel-Dieu Grace Healthcare.

Over the past 28 years, Lori has held a variety of positions in children's mental health, developmental services, and child welfare in Windsor-Essex and Chatham-Kent communities.

Lori holds a Bachelor of Social Work, a Masters Degree in Social Work, diplomas in Sign Language Communication and Interpreting and Green Belt in Lean Healthcare Management.

Lori is a volunteer reviewer with the Canadian Centre for Accreditation, an advisory Council Member with the Knowledge Institute for Child and Youth Mental Health and Addictions, a member of Mental Health and Addictions Provincial Clinical Council with Ontario Health and the Vice President of St. Clair College Alumni Board.