

AGENDA
AGE-FRIENDLY WINDSOR WORKING GROUP
meeting held Friday, January 31, 2025
at 9:30 o'clock a.m.
via Zoom video conference

1. Call to Order

READING OF LAND ACKNOWLEDGEMENT

We [I] would like to begin by acknowledging that the land on which we gather is the traditional territory of the Three Fires Confederacy of First Nations, which includes the Ojibwa, the Odawa, and the Potawatomie. The **City of Windsor honours all First Nations, Inuit and Métis peoples and their valuable past and present contributions to this land**

2. Declaration of Conflict

3. Adoption of the Minutes

Adoption of the minutes of the meeting held October 10, 2024 – ***attached.***

4. Business Items

4.1 Review of budget and carry-forward request from 2024

4.2 Annual Year in Review 2024

4.3 Update from Transit Windsor (questions brought forward from the October 10, 2024 meeting)

4.4 Community Engagement Event Planning

- Community Speaker Series Event Review
- Future Speaker Discussion

4.5 Next Steps in Age Friendly Windsor Working Group

- Local Survey – Group Plan

4.6 Other Items

Membership in World Health Organization Age-Friendly Committees Global Network - Ongoing Responsibility

5. Summary of Action Items

6. Date of Next Meeting

7. Adjournment

Age Friendly Windsor Working Group
Meeting held October 10, 2024

A meeting of the Age Friendly Windsor Working Group is held this day commencing at 9:00 o'clock a.m. at the Optimist Community Centre, 1075 Ypres Avenue, there being present the following members:

Gerald Corriveau
Andrea Grimes
Cindy Matchett
Roxanne Tellier
Tom Wilson (arrives at 9:07 a.m.)

Regrets received from:

Larry Duffield

Also present are the following resource personnel:

Kara Kristof, Supervisor Community Programming
Cristina Ritorto, Client Support & Staff Development Coordinator
Karen Kadour, Committee Coordinator

1. Call to Order

Kara Kristoff, Chair calls the meeting to order at 9:01 o'clock a.m. and the Working Group considers the Agenda being Schedule A attached hereto, matters which are dealt with as follows:

2. Declaration of Conflict

None disclosed.

3. Adoption of the Minutes

Moved by Andrea Grimes, seconded by Roxanne Tellier,
That the minutes of the meeting of the Age Friendly Windsor Working Group held June 13, 2024 **BE ADOPTED** as presented.
Carried.

4. Business Items

4.1 National Senior's Day Review – October 1, 2024

The Chair advises that the Recreation Department held a free aquafit at the Windsor International Aquatic and Training Centre for National Senior's Day. She states that Mayor Drew Dilkens signed a Proclamation commemorating "National Seniors Day", **attached** as Appendix "A".

Roxanne Tellier remarks that a group organized seniors' walks across Ontario for National Senior's Day and suggests that the Working Group coordinate with this organization.

4.2 Update from Transit Windsor – Recommendations from Age Friendly Working Report

The Chair advises in speaking with Steve Habrun, Director, Operations and Planning, Transit Windsor the following remarks were provided:

- Transit Windsor is looking to service all residents, not only students and seniors.
- Looking to establish improved services and routes.
- Looking to ensure that all bus stops are accessible.
- All buses currently are up to AODA guidelines and are considered accessible for all residents.
- By year end, there will be an additional 18 new buses.
- New routes now connect riders to Amherstburg, Lasalle, and Leamington.
- The new routes allow for express transit which reduces the time to reach a destination.
- Building a new east end terminal.

Tom Wilson asks if Transit Windsor has done any surveys or studies on the age of the population of people who take the bus and if so, could this committee be provided with those stats. Secondly, knowing where senior apartments are located, is that information taken into consideration for their transit routes as this is a huge problem.

Cindy Matchett suggests that Transit Windsor consider more of a discount for seniors.

Roxanne Tellier expresses concern that bus service to Sand Point Beach (during the summer months) is not available.

Moved by Tom Wilson, seconded by Roxanne Tellier,
That Administration at Transit Windsor **BE REQUESTED** to review the following questions provided by the Age Friendly Windsor Working Group and to report back:

- Are there current studies or surveys identifying those who utilize the bus services

- Provide the population and age groups of those use Transit Windsor
- Does transit take into consideration the areas where seniors reside in terms of bus routes.
- Has an updated route for the Riverside area been established.
- Has consideration been given to reintroducing a “grocery run” for Seniors’ homes as an addition to the bus service.

Carried.

4.3 Presentation – Age Friendly Communities Outreach Program – Age Friendly 101

Cheryl Athersych, Knowledge Broker, Centre for Studies in Aging and Health at Providence Care appears before the Working Group virtually and provides the following overview:

- Recognizing the profound impact of large populations of older people on communities, the World Health Organization initiated the Global Age-Friendly Cities Project in 2005 to promote policies, services, settings and structures that enable older adults to actively age-in-place.
- The 8 domains of the age friendly communities (AFC’s) include:
- Physical Environment
 - Outdoor Spaces & Public Buildings
 - Transportation
 - Housing
- Social Environment
 - Social Participation
 - Respect & Social Inclusion
 - Civic Participation & Employment
- Personal Well-Being
 - Communication & Information
 - Community Support & Health Services

The Goals of the Ontario AFC Outreach Program are to:

Strengthen community capacity to implement, evaluate and sustain age-friendly activities

Increase collaboration by connecting people, ideas and resources

Raise awareness about AFC benefits, promising practices and planning principles

Age-friendly communities provide information about community events and services in accessible formats, i.e. newsletter, and resource guides, print materials

Ontario’s AFC Planning Guide has 4 interconnected steps:

- Define local principles
- Assess need

- Development Action Plan and Implement

The Presentation entitled “Age-Friendly Communities, Cheryl Athersych, The Centre for Studies in Aging at Providence Care” is **attached** as Appendix “B’.

Andrea Grimes agrees with establishing the low/high effort regarding what is attainable and what is a waste of resources.

In response to a question asked by Roxanne Tellier regarding how their base was developed, i.e. newsletter, Cheryl responds that their newsletter goes out to organizations. She adds that many communities have their own resources that are sent frequently and indicates that phone numbers and addresses are requested at every event. She states that they have a print copy of events and services that is sent out on a regular basis to interested folks.

Andrea Grimes refers to the proliferation of scamming – phone, financial and intimacy scamming and suggests this is something that the Working Group can move on.

The Chair asks if most communities utilize digital marketing/newsletters or, do they use print. Cheryl Athersych responds that many communities use digital, and some communities focus on both due to a lack of access to computers.

Cheryl Athersych remarks that there are 6 free E-Learning Modules that address how to do age friendly work along with several webinars on their website. The Chair notes that the links will be shared with the Working Group.

Gerald Corriveau leaves the meeting at 10:25 o'clock a.m.

Tom Wilson states that he is interested in providing information to the group about programs and public engagements organized by Life After Fifty, and notes that there may be a conflict of interest in providing such information to the Age Friendly Working Group. No conflict is perceived, and the Chair agrees that the Working Group and Life After Fifty should collaborate more going forward.

4.4 Community Engagement Event Planning – Fraud Discussion

The Chair advises that the Fraud Discussion event has tentatively been scheduled for Thursday, November 14, 2024, from 10:00 a.m. to 12:30 p.m. at the Optimist Community Centre. She adds that Frank Fazio from CySAT Security Inc., will provide a PowerPoint Presentation followed by a question-and-answer period. A representative from Windsor Police may also be attending to speak to the fraud issue.

Moved by Cindy Matchett, seconded by Roxanne Tellier,
That **APPROVAL BE GIVEN** to an expenditure in the upset amount of \$2,000

for the Fraud Presentation to be provided by CySAT Security Inc. which will also include refreshments.

Carried.

5. Action Items

6. Date of Next Meeting

The next meeting will be held at the call of the Chair.

7. Adjournment

There being no further business, the meeting is adjourned at 11:55 o'clock a.m.