



# THE CITY OF WINDSOR

OFFICE OF THE MAYOR

DREW DILKENS, DBA  
MAYOR

## PROCLAMATION

**“Mental Health Month”  
May, 2026**

- WHEREAS:** The City of Windsor employee wellness program “Windsor Workplace Wellness” launched in 2007 continues to be an innovative initiative dedicated to the health and well-being of employees supported by both a Working Committee and Steering Committee and administered by the Human Resources Department; and,
- WHEREAS:** The Windsor Workplace Wellness program seeks to promote the importance of physical, emotional, mental and social health to employees through education, participation and engagement; and,
- WHEREAS:** May 4-10, 2026 is recognized Nationally as “Mental Health Week”, the Windsor Workplace Wellness program will recognize the entire month of May given the importance of Mental Health by providing employees with opportunities such as training sessions, information displays and lunch and learn sessions designed to engage staff at all levels of the organization to learn, talk, reflect and engage with others on several issues relating to mental health throughout the month of May; and,
- WHEREAS:** In joining the National celebration, we are reminded of the importance of mental health and how we can achieve it in our daily lives; every employee has the potential to live an optimal healthy life that includes good mental health. That’s why our participation in this year’s Mental Health Month is so important.
- THEREFORE:** I, Drew Dilkens, Mayor of the City of Windsor, do hereby proclaim



**May, 2026**  
**“Mental Health Day”**  
in the City of Windsor.



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Mayor