



THE CITY OF WINDSOR

OFFICE OF THE MAYOR

DREW DILKENS, DBA
MAYOR

PROCLAMATION

**“Eating Disorders Awareness Week (EDAW)”
February 1 to 7, 2026**

- WHEREAS:** The Bulimia Anorexia Nervosa Association (BANA) is a not-for-profit, registered charity, community-based organization servicing Windsor-Essex County in Ontario, Canada. BANA is committed to the provision of specialized treatment, education, and support services for individuals affected directly and indirectly by eating disorders; and,
- WHEREAS:** Eating disorders are the second deadliest mental illness, and they can affect anyone, regardless of age, size, ethnicity, gender identity, sexuality, or socio-economic status; and,
- WHEREAS:** Stigma, secrecy, and stereotypes still surround eating disorders, causing many people who are suffering to refrain from seeking help; and,
- WHEREAS:** Open, supportive dialogue can help break the shame and silence that affect nearly 1 million Canadians living with diagnosable eating disorders and the millions of others who are struggling with food and weight preoccupation; and,
- WHEREAS:** Eating Disorders Awareness Week seeks to raise awareness of eating disorders, shed light on dangerous and pervasive myths, and promote prevention. It is also a time of year for Canadians to learn about available resources and appropriate services for themselves and/or loved ones; and,
- WHEREAS:** Eating Disorders Awareness Week aims to teach Canadians that eating disorders are not a choice, and that eating disorders are a serious and dangerous mental illness.,
- THEREFORE:** I, Drew Dilkens, Mayor of the City of Windsor, do hereby proclaim

February 1 to 7, 2026

**“Eating Disorders Awareness Week (EDAW)”
in the City of Windsor.**



Mayor