

Jack Be Nimble Gross Motor Game

WHAT YOU WILL NEED:

- Paper, blocks, containers or plastic cups

WHAT TO DO NEXT:

1. Create a “candle stick” using paper, or build a structure of your own, and then place it on the floor.
2. While reciting, “Jack be nimble, Jack be quick, Jack jump over the candlestick,” challenge the child to jump over the pretend candlestick.
3. Replace “Jack” with the child’s name!
4. What other ways can the child move over and around the candlestick?
Try hopping, crawling, tiptoeing, etc.

