

Outdoor Sensory Activity

WHAT YOU WILL NEED:

- Multiple containers
- Various items to put in each container such as rocks, sand, water, grass, etc.
- Animal toys

WHAT TO DO NEXT:

1. Fill each container with the items collected (rocks, sand, water, grass, etc.)
2. Use toy animals or your hands to explore the different textures in each container.
3. Discover your senses and talk about each item. How does it feel, smell, look, and sound? When your fingers or the animals walk across the sand, does it leave a mark? Talk about your observations!

