

ABC Dental Health Activity

WHAT YOU WILL NEED:

- Ice cube tray
- Dry erase marker(s)
- Craft stick
- A small piece of white felt
- Glue



WHAT TO DO NEXT:

1. With a dry erase marker, write a letter of the alphabet on each “tooth.” The ice cube tray represents the teeth.
2. Create a tooth brush by gluing a small piece of white felt onto the top of the craft stick.
3. Time to play! Tell your child that the teeth are covered in alphabet germs and it is their job to brush the germs away.
4. After brushing away the letters your child may want to take a turn to write on the ice cube tray and brush away again.