



COVID-19 EMERGENCY RESPONSE

FEDERAL PROGRAM

The following opportunity, in response to the COVID-19 pandemic, is being brought to your attention.

Program Name:	Wellness Together Canada Portal: Mental Health and Substance Use Support	
Who Can Apply:	General population	
When Can I Apply:	Open:	Currently Open
	Close:	TBD
How Do I Apply:	In Person:	
	Mail:	
	Phone:	
	Online:	
Program Website:	https://ca.portal.gs/	
Funding Type:	N/A	
Funding Available:	N/A	
Description:	<p>Wellness Together Canada offers the following at no cost to Canadians:</p> <ol style="list-style-type: none"> 1. Wellness self-assessment and tracking. 2. Self guided courses, apps, and other resources. 3. Group coaching and community of support. 4. Counselling by text or phone. 	
Special Conditions:	<p>If you are in crisis or require support right away, please choose from one of the crisis options below. These are available without having an account set up.</p> <p>Youth: Text WELLNESS to 686868 Adults: Text WELLNESS to 741741 Front Line Workers: Text FRONTLINE to 741741 Call 911 if you are in immediate danger or need urgent medical support Indigenous people can also reach out to Hope for Wellness at 1-855-242-3310</p>	

To create an account click on this link <https://ca.portal.gs/> and click the “Get Started” button. You have the option of completing a wellness self-assessment, and then choosing from the full range of no cost options for support.

Please note that any responses or activity on this platform are not being monitored.

DISCLAIMER: Please be aware that the City of Windsor is providing summary information only and strongly recommends you review the specifics of these programs by clicking on the Program Website links provided. The situation with COVID-19 is evolving and details related to this opportunity are subject to change. The City of Windsor takes no responsibility for omissions or inaccurate information that could be included on this template. Please refer to the link provided in the Program Website section for the most current and complete information.